

University College Dublin

Conway Institute of Bio-molecular and Biomedical Research,

**Seminar**

***Healthcare cost-reduction and improved quality of life with***

***evidence-based weight-loss in diabetes and osteoarthritis***

Tuesday 16th April 2019, 11:00 – 13:00

**Programme:**

**Welcoming remarks**

*Professor Carel le Roux, University College Dublin*

**Total Diet Replacements and why they deliver more weight loss and other benefits than conventional diets**

*Anthony Leeds, bariatric physician, Central Middlesex Hospital, England, on behalf of TDMR Europe*

**Obesity and diabetes threaten European quality of life and regional health and social care budgets**

*Mike Lean, University of Glasgow, Scotland*

**My successful use of Total Diet Replacement for weight loss followed by weight maintenance and diabetes remission on the DiRECT programme**

*Joe McSorley, Paisley, Scotland*

**PREVIEW-study and prevention of type 2 diabetes**

*Mikael Fogelhom, University of Helsinki, work package leader on EU 7th Framework funded PREVIEW project*

**Obesity and osteoarthritis – a double blow for Europe’s elderly people**

*Henning Bliddal, Director, Parker Arthritis Institute, Copenhagen, Denmark*

**The clinical and cost effectiveness of a community based total diet replacement weight-loss programme**

*Nerys Astbury and Seamus Kent, University of Oxford, England*

**Q/A Session**

**Concluding remarks by** *Professor Carel le Roux, University College Dublin*

*\*A networking lunch and drinks will follow the event.*

